

Major part of adult life at work

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As jobs consume more and more of people's time and energy, it is vital that people are satisfied with what they're doing. This essay will discuss the main factors responsible for job satisfaction; additionally, it will examine whether or not job satisfaction is a reasonable expectation for all workers.

There are several factors that contribute to job satisfaction. First, the feeling that they are valued at work or that the work they are doing is meaningful is a powerful motivator for workers. It makes the employees have passion for their job. Another factor is salary; the greater the salary, the happier the employees will be because they think they get the salary they deserve when they work hard. The more work they do, the higher salary they get. They can then use the money to have a better life standards.

However, despite how fantastic this ideal is, I think the truth is that it is impossible for all employees to be satisfied with their job. Many employees are forced to work extra hours without equivalent reward. Jobs, thus, can be meaningless and repetitive and workers often get bored with their job or feel their work is pointless. Their lives become a stressful routine. This leads to fewer pleasant interactions with work and might negatively affect their mood.

In conclusion, while meaningful work and fair salaries are the main factors that contribute to job satisfaction, in reality, these are in short supply. It is hard to remain satisfied with work over time. Most people become disillusioned and disinterested when they perform the same monotonous tasks five days a week for years.